

Dear friends,

We are proud to present our first number of IPO Newsletter. We do hope this will become a regular magazine in the future, which will provide full info about our activities worldwide. Therefore we invite all of our members to send their articles and contributions to <mailto:ivicaserbia@yahoo.com>

I am happy to invite to visit our website and read more about our organization. On behalf of our president Dr. Gedeon Gelin (Haiti), our board members Dr. Vsevlevod Lukhin (Russia), Mr. Adolphus Eze (Nigeria) and MEd. Leonardo Faundez (Canada), I wish you all Happy New Year!

Editor: Dr. Ivica Zdravković,
POCUS specialis and instructor,
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In 2020, despite problems with Covid-19 pandemia, we managed to organize intensive training for several doctors. As a result, there were few promotions of new IPO members and POCUS specialist.



Dr. Sava Vojnović,
POCUS Specialist and Instructor



Dr. Željka Popović, primarius,
(Bosnia and Herzegovina),
POCUS specialist

POCUS MOSCOW News



***Vsevolod Lykhin, 23.12.1981, Moscow, Russia
Botkin Hospital, Neuro ICU
Training and accreditation center medical simulation center of the Botkin Hospital
Hospital Anesthesiology Specialist, Medical Simulation Centre Instructor,
International POCUS Organization Instructor.***

Group POCUS MOSCOW was formed in 2017. Until 2017, the scope of educational activities included courses on regional anesthesia and vascular access under ultrasound guidance. Since November 2017, a team has been formed from anesthesiologist Lykhin Vsevolod and a cardiologist, who also works at the ambulance Filyavin Roman. Both specialists are certified specialists in ultrasound diagnostics. One of the first programs in direction Point-of-Care Ultrasound was protocol eFAST for evaluating patients with polytrauma. This educational program was the first full-time program taught in the medical simulation center in the Botkin Hospital with the inclusion of a wide range of specialists in POCUS. In the context of training, ultrasound equipment, simulation equipment, and interactive material are used. With the support of the methodological department of the Botkin simulation center, this course is accompanied by CME points, which gives it an official status and increases the rating for physician.

Since 2018, POCUS MOSCOW has adopted a roadmap for the further development in POCUS direction. For 2018, programs were created for urgent assessment protocols in intensive care unit RUSH, focused heart assessment protocols, and lung ultrasound program.

The courses on regional anesthesia were supplemented with an expert-level program: Ultrasound guided myofascial blockade and neuraxial methods of anesthesia.

Prior to the onset of the Covid-19 pandemic, these educational events were held non-

stop. Each course is designed for 18 hours of study, incoming and final test control, also includes a practical exam in skills with control through checklists. Frequency rate of courses is 2 - 3 courses per week, the number of students is 4-10 people.

For 2018-2020, a group of teachers from the staff of the Botkin Hospital was trained to meet the educational needs of the medical community. The courses conducted by the POCUS MOSCOW group are highly appreciated by the Moscow Department of Health.

During the work of our group, training was held for more than 1500 people. The high activity of the group was manifested in the form of participation in various medical conferences. Including in 2018-2019 Lykhin Vsevolod is a trainer of cadaver courses on regional anesthesia conducted by ESPA in Madrid, Spain.

Since the onset of the COVID19 pandemic, the team began preparing a course on lung ultrasound during the COVID19 pandemic. This course was conducted in temporary covid hospitals in the city of Moscow and was warmly received by the staff.

At the moment, our group includes 5 instructors to conduct training. The volume of training includes 3 courses per week, educational webinars, work is underway on 3 distance courses.

We see a further direction in the development of telemedicine training using modern equipment, which will allow training in remote areas (given the length of the Russian Federation). One of the future direction Augmented reality interactive POCUS materials.

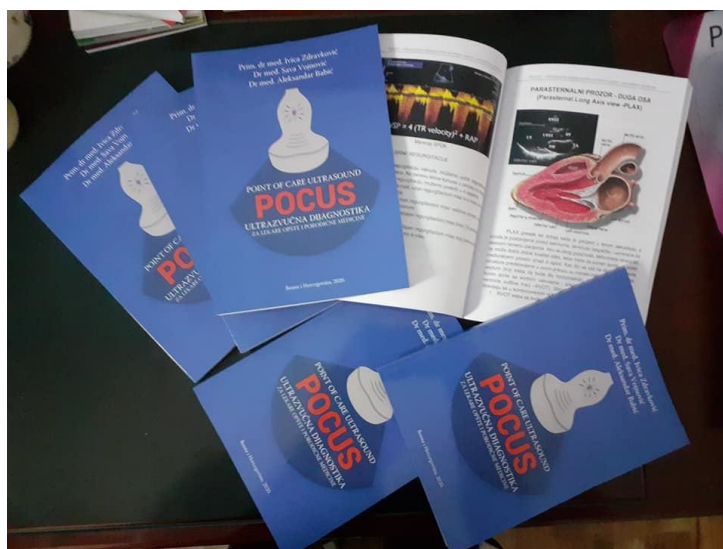


Covid – 19 Hospitals Training 2020, Moscow:



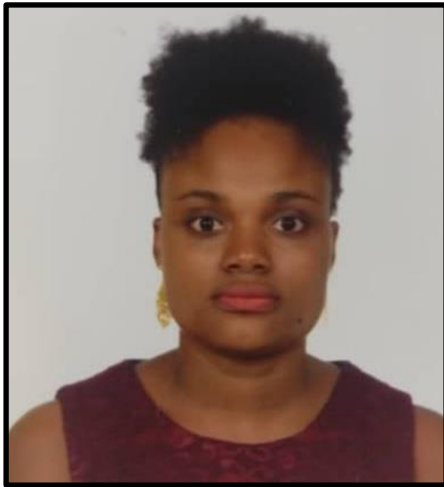
New IPO Book

New book with IPO Family medicine curriculum is now available in English (PDF) and in Serbian and Bosnian (hard copies) Author of the book is Dr. Ivica Zdravkovic, with his assistants Dr. Sava Vojnovic and Dr. Aleksandar Babic

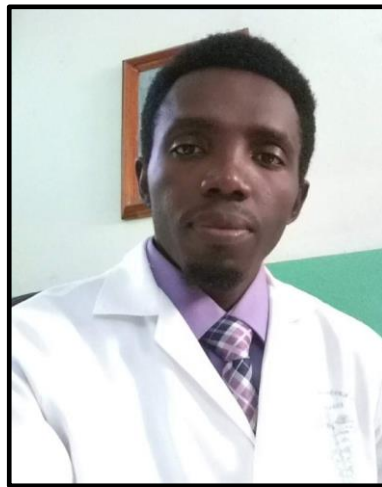


NEW PROMOTIONS OF POCUS SPECIALISTS IN HAITI

Under guidance of IPO president, Dr. Gedeon Gelin, intensive POCUS courses were held in Haiti and new IPO members and specialists were promoted. Congratulations on behalf of our members to:



Dr. Josiane Kandja
Tchamba Epse Kouemo



Dr. Belfort Jean Fefnay



Dr. Marie Sulyne Léon

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